

SASKATCHEWAN HIGH SCHOOL ATHLETIC ASSOCIATION

SHSAA Volleyball competitions will use the Rules of the Game in the current Volleyball Canada Rule Book with the following exceptions:

1. SHSAA will use the Libero rule plus the 12 substitution rule.
2. SHSAA will use the 12 substitution rule:
 - Each team shall be allowed a maximum of 12 substitutions in any one set.
 - A. There is no limit to the number of times a player may leave or re-enter the set as long as the maximum number of 12 substitutions is adhered to and as long as they leave or re-enter for the same player. This is called the 12 Substitution Rule Unlimited.
 - B. Once you have a designated partner, that is the only player that you may leave or re-enter that set for (may change between sets)
 - C. These substitutions may occur at any point in the set.
 - D. All other substitution rules must be followed.
3. The 3rd set of a best of 3 match is to be played to 25 points.
 - A. A team must win by two points. There is no point cap.
 - B. There is to be a coin toss prior to the third set to determine service and sides, as this is a tie breaker set.
 - C. Teams will change sides in a third set when one team reaches 13 points.
4. Teams may dress 15 players for a match and all 15 are placed on the roster on the score sheet and are allowed to remain in uniform and play.
5. For SHSAA Competitions, the expulsion is to be treated the same as a disqualification.
 - A. PLAYER: If a player is disqualified from a match in High School Competition, the player is
 - a) disqualified for the remainder of the match.
 - b) Suspended from the next scheduled match to be played by the player in that sport.
 - B. COACH: If a coach is is disqualified from a match in High School competition the incident must be reported by the referee and the host school to the SHSAA Executive Director who shall investigate the matter. Referees should use the Referee Incident Report Form to report this.

When a coach is disqualified the match will be forfeited if there is not another SHSAA qualified coach able to fill that role for that school's team for the remainder of the match. In a tournament situation the coach would be allowed to return to coaching in the next match.
5. General Regulations for High School Volleyball:
 - A. Players, Coaches, Managers, Officials are not to wear hats.
 - B. Teams changing from practice uniforms to game uniforms must do so in the designated change area.

Penalty - The offending team will lose service if serving and/or the non-offending team will gain a point.
 - C. Jewellery - no jewellery is permitted for high school volleyball matches.
 - D. Yelling during the service in volleyball is considered unsportsmanlike conduct.

Team communication is appropriate but causing a distraction or attempting to

intimidate is not acceptable during the serve in volleyball.

First offence is a warning, second offence is a penalty.

It is unacceptable for fans to make noise during the serve in volleyball.

- E. For SHSAA Conference, Regional, and Provincial playoffs the warm up will consist of 5-5-5. The toss of the coin with the Captains should be done at 14 minutes.

F. Exceptional Substitution (New for 2015)

If a team has only 7 players listed on the score sheet, the Libero may be used as an exceptional substitution if there is an injury or illness to a regular player during a match in order to avoid the forfeiture of a set.

The rules / procedures regarding an exceptional substitution would apply.