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## 2015-16 Volleyball Canada Rules Update

### 3. Balls

#### 3.3. FIVE-BALL SYSTEM

For FIVB, World, and Official Competitions, **five** balls shall be used. In this case, six ball retrievers are stationed, one at each corner of the free zone and one behind each referee.

**Volleyball Canada** – The three-ball system is recommended in order to speed up the game however, it is not compulsory.

### 4.2 LOCATION OF THE TEAM

4.2.4 During set intervals, players may warm-up using balls within their own free zone. **During the extended interval between sets 2 and 3 (if used), players may use their own court as well.**

### 4.5 FORBIDDEN OBJECTS (NEW RULE)

4.5.3 Compression pads (padded injury protection devices) may be worn for protection or support.

**For FIVB, World and Official competitions for seniors, these devices must be of the same colour as the corresponding part of the uniform.**

### 6.1.3. Rally and completed rally

A **rally** is the sequence of playing actions from the moment of the service hit by the server until the ball is out of play. A **completed rally** is the sequence of playing actions which results in the award of a point. **This includes the award of a penalty and loss of service for serving faults out-with the time limit.**

### 8.3. BALL "IN"

**The ball is "in" if at any moment of its contact with the floor, some part of the ball touches the court, including the boundary lines.**

### 11.3. CONTACT WITH THE NET

11.3.1. Contact with the net by a player between the antennae, during the action of playing the ball, is a fault.

The action of playing the ball includes (among others) take-off, hit (or attempt) and landing

#### **11.4. PLAYER'S FAULTS AT THE NET**

##### **11.4.4. A player interferes with play by (amongst others):**

- touching the net between the antennae or the antenna itself during his/her action of playing the ball,
- using the net between the antennae as a support or stabilizing aid
- creating an unfair advantage over the opponent by touching the net
- making actions which hinder an opponent's legitimate attempt to play the ball,
- catching/holding on to the net

Players close to the ball as it is played, or who are trying to play it, are considered in the action of playing the ball, even if no contact is made with the ball.

However, touching the net outside the antenna is not to be considered a fault (except for Rule 9.1.3.)

#### **Rule 5.2.3.3 Requests Time outs and substitutions**

All time-outs and substitutions are to be requested by the Coach from the end of the bench when he/she is sitting or from the extension of the attack line in the free zone when he/she is standing or walking.

#### **Rule 15.1 NUMBER OF REGULAR INTERRUPTIONS (Moved from 15.6.1)**

**Volleyball Canada** - For Volleyball Canada competitions in the 15U (boys and girls) as well as for 16U boys', 12 substitutions is the maximum permitted per team per set.

**For Volleyball Canada 14U and younger competitions "Fair Play" rules apply, in which all players listed on the score sheet must start the first or second set. In the first two sets, no substitutions may take place before one team has scored 15 points. If a player becomes injured/ill before one team has scored 15 points, an Exceptional Substitution may be made. The injured/ill player may not return to the same set, but may return to play in subsequent sets in the match. If the player becomes ill/injured in the 1<sup>st</sup> set, the ill/injured player may not start the 2<sup>nd</sup> set, but may enter as a substitute after 15 points have been scored.**

**If a third set is necessary, any line up can be used.**

#### **Volleyball Canada Concussion policy**

- Found in the 2015 – 2016 Referee Guidelines
- Applicable for Age class national championships
- Referees are to only be aware of the policy

#### **Volleyball Canada Communication Devices Policy**

- Found in the 2015 – 2016 referee Guidelines
- The use of cell phones or tripods on the bench is not permitted at the National Championships. If it is noticed that the team is using these communication devices, a reminder should be given to the team that it is not permitted and a comment is to be written in the remarks section of the score sheet.