

# PC One: Prospects Skills Volleyball Camp

This positions camp is a follow up camp to the Prospects Player Showcase camp which is a recruiting camp designed to display female athlete's skills in volleyball to coaches and recruiters with the intention of playing volleyball while getting a post-secondary education.

Highlights of this camp:

- ✓ Prospects Camp is a specific skills training camp coached by coaches from colleges and universities throughout Canada and the USA. (USports, CCAA, NCAA and NAIA schools are represented.)
- ✓ 12 hours court instruction
- ✓ 2 hours psychological/mental training
- ✓ Recruiting information session
- ✓ Mental imagery/sport psychology/mental toughness session
- ✓ Catered meal provided

Minimum Age to register: 15 – 18 yrs old, club and provincial team experience required

Cost: \$395

**For More Information:**

**Prospectscamp.com**

Aimee Unchulenko

[aimee@prospectscamp.com](mailto:aimee@prospectscamp.com)